

LOWTHER CASTLE CAFÉ

Breakfast Menu
10.00am-11.45am daily

Lowther Breakfast

Cumbrian dry-cured bacon,
Cumberland sausage, grilled
tomato, field mushroom, hash
brown, baked beans & fried or
poached egg * **£12.95**

Vegetarian Breakfast (v)

vegetarian sausage, grilled
tomato, field mushroom, hash
brown, baked beans & fried or
poached egg * **£ 11.95**

Cumbrian Dry-Cured Bacon

(gfa)
- on ciabatta roll **£6.00**
- with fried egg **£7.00**

Cumberland Sausage

- on ciabatta roll **£6.00**
- with fried egg **£7.00**

Smashed Avocado (vg)

on toasted sourdough with
tomato concasse **£8.50**
- with poached eggs **£9.50**

Smashed Pea & Goat's Cheese

(v) on toasted sourdough
£8.50

Fried Egg Sandwich (v)

on ciabatta roll **£4.95**

Eggs Florentine (v)

on toasted sourdough with
spinach & hollandaise sauce
£8.00
- with smoked bacon **£9.00**

Toasted Tea Cake

with Claire's Home-Made Jam or
Marmalade or Lowther Honey &
local butter **£2.95**

Toasted Sourdough

with Claire's Home-Made Jam or
Marmalade or Lowther Honey
& local butter **£2.50**

* with locally made
toasted sourdough bread

Please order at the counter.
Your food will be brought to your table

LOWTHER CASTLE CAFÉ

Lunch Menu

12.00pm - 3.30pm daily

Home-Made Soup of the Day

(vg/gf) with malted & roasted sunflower bread or cheese scone & butter **£7.00**

Lowther Rarebit (v, gfa)
with Torpenhow organic cheddar, smokey tomato chutney, confit vine tomatoes & dressed shoots

£9.95

- with Cumbrian smoked bacon

£10.95

Wild Mushrooms on

Sourdough (v, gfa)
bound in a creamy blue cheese sauce, with spinach & dressed shoots **£9.25**

Penne Pasta in a Creamy Tomato & Spinach Sauce (v)
with sourdough garlic bread

£9.95

Posh Fish Finger Ciabatta

with baby gem lettuce & home-made tartare sauce **£9.95**

Lowther Summer Lunch

(vg, gfa) mug of soup; choice of sandwich; & something sweet to finish... **£ 10.95**

Lime & Ginger Chicken

Skewers (gf) with coriander, spring onion & sesame quinoa salad, with a mint yogurt dressing & peashoots **£10.95**

Full of Greens Fritters

(vg, gf) made from herbs, greens, gram flour batter with cucumber, cherry tomato red onion salad in a mint yoghurt dressing **£10.95**

Mini Thai Fishcakes

with rainbow slaw, mango salad & a light peanut dressing **£11.95**

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your table

All our food is freshly prepared in the kitchens here at Lowther Castle.
If you have any allergies, intolerances or questions about our menu,
please talk to a team member. Any fish may contain small bones.

v = vegetarian, gf = gluten-free, gfa = gluten-free available,

vg = vegan, nuts = contains nuts

Crispy Chicken

in a brioche bun with Lowther
honey & chilli mayonnaise, gem
lettuce, beef tomato & chips

£11.95

Balsamic Roasted Vegetable & Feta Flatbread

(vg)

£11.95

Beef Flatbread

slow-cooked & pulled Cumbrian
beef with sweetcorn, red onion
& tomato salsa, Lowther honey &
chilli mayonnaise

£12.95

Home-Made Sandwiches

with rainbow slaw

Ham Salad (gfa)

with red onion chutney

£8.95

Free-Range Egg & Watercress

(v, gfa)

£8.95

Sweet Potato Falafel (vg, gfa)

in wrap with hummus & salad
leaves

£ 8.95

Quiche of the Day

Please ask for today's choices.

Served hot or cold with salad
garnish & rainbow slaw

£9.95

Side Dishes

Mixed leaves, cucumber, cherry
tomato & red onion in a mint
yoghurt dressing (vg)

£4.25

Chunky Chips (vg)

£4.25

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your table

LOWTHER CASTLE CAFÉ

Children's Menu

Please order at the counter

Your food will be brought to your table

Cumberland Sausage £6.25

Vegetarian Sausage (v) £6.25

Battered Fish Goujons £6.25

Breaded Chicken Goujons £6.25

*All the above served with chunky chips
& a choice of peas or baked beans*

**Penne Pasta in a Creamy
Tomato & Basil Sauce (v)**
with garlic bread £6.25

Picnic Box
small roll (ham or cheese), crisps, yoghurt,
fruit drink (orange or apple-flavoured) &
fresh apple £6.00



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